






CLAYTON A. BOUTON HIGH SCHOOL  
VOORHEESVILLE MIDDLE SCHOOL

**MARCH 2010  
LUNCH MENU**

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<b>Student Breakfast</b> <b>\$1.50</b> <b>Student Lunch</b> <b>\$2.50</b>	<b>1</b> Oven Fried Chicken Mashed Potatoes Corn, Fresh Fruit Choice of Milk  C=664 F=21.33  Day B	<b>2</b> Meatball Sub Sandwich Buttered Pasta, Broccoli Fresh Fruit Choice of Milk  C=958 F=28.01  Day A	<b>3</b> French Toast Sticks Sausage Patty, Hash Brown Fresh Fruit Choice of Milk  C=845 F=29.74  Day B	<b>4</b> Grilled Cheese Sandwich Chicken Noodle or Tomato Soup, Fresh Fruit Choice of Milk  C=1208 F=54.32  Day A	<b>5</b> Cheese or Pepperoni Pizza Carrot Sticks Fresh Fruit Choice of Milk  C=748 F=24.20  Day B	<b>6</b> <b>DAILY BREAKFAST ITEMS</b> Bagel & Cream Cheese Muffin, Cereal English Muffin Breakfast Pizza
<b>7</b>	<b>8</b> Chicken Fajita Mexican Fiesta Rice Fresh Fruit Choice of Milk  C=1071 F=29.27  Day A	<b>9</b> Spaghetti w/ Meat Sauce Broccoli, Dinner Roll Fresh Fruit Choice of Milk  C=608 F=13.68  Day B	<b>10</b> Sloppy Joe Potato Puffs, Peas Fresh Fruit Choice of Milk  C=541 F=10.19  Day A	<b>11</b> Chicken Nuggets Mashed Potatoes, Corn Fresh Fruit Choice of Milk  C=603 F=21.37  Day B	<b>12</b> Cheese or Pepperoni Pizza Carrot Sticks Fresh Fruit Choice of Milk  C=749 F=24.34  Day A	<b>13</b> <b>AVAILABLE EVERY DAY</b> Fresh Fruit Cup Tossed Salad Chef Salad Caesar Salad Deli Sandwiches
<b>14</b> 	<b>15</b> Hamburger, Cheeseburger Or Veggie Burger Corn, Potato Puffs Fresh Fruit, Choice of Milk  C=824 F=33.69  Day B	<b>16</b> Chicken Parm on a roll Buttered Pasta, Broccoli Fresh Fruit, Choice of Milk  C=946 F=30.63  Day A	<b>17</b> Corned Beef & Cabbage Potatoes, Carrots Dinner Roll, Fresh Fruit Choice of Milk  C=633 F=6.43  Day B	<b>18</b> Grilled Cheese Sandwich Chicken Noodle or Tomato Soup, Fresh Fruit Choice of Milk  C=1208 F=54.32  Day A	<b>19</b> Cheese or Pepperoni Pizza Carrot Sticks Fresh Fruit Choice of Milk  C=749 F=24.34  Day B	<b>20</b> <b>AVAILABLE MONDAYS</b> Mozzarella Sticks  <b>AVAILABLE TUESDAYS &amp; THURSDAYS</b> Breadsticks with Marinara
<b>21</b> 	<b>22</b> Beef Taco, Lettuce and Tomato, Refried Beans Fresh Fruit, Choice of Milk  C=733 F=22.87  Day A	<b>23</b> Lasagna or Veg. Lasagna Green Beans, Dinner Roll Fresh Fruit Choice of Milk  C=841 F=20.55  Day B	<b>24</b> Turkey and Dressing Mashed Potatoes Corn, Fresh Fruit Choice of Milk  C=647 F=18.44  Day A	<b>25</b> Chicken Nuggets Mashed Potatoes, Corn Fresh Fruit Choice of Milk  C=603 F=21.37  Day B	<b>26</b> <b>NO LUNCH</b>  <b>SCHOOL NOT IN SESSION</b>	<b>27</b> <b>AVAILABLE WEDNESDAYS</b> Popcorn Chicken  <b>AVAILABLE FRIDAYS</b> Spinach & Artichoke Dip with Tortilla Chips
<b>28</b> 	<b>29</b> Chicken on a bun Rice Pilaf Mixed Vegetables Fresh Fruit, Choice of Milk  C=841 F=20.65  Day A	<b>30</b> Grilled Cheese Sandwich Chicken Noodle or Tomato Soup, Fresh Fruit Choice of Milk  C=1208 F=54.32  Day B	<b>31</b> Cheese or Pepperoni Pizza Carrot Sticks Fresh Fruit Choice of Milk  C=749 F=24.34  Day A	Sign-up for the district's e-mail alert system, School News Notifier, to receive school and district news, including emergency school closings and delays right in your inbox. Visit <a href="http://www.vcsdk12.org">www.vcsdk12.org</a> to sign-up today.		C=Calories F=Fat Content

For information on your student's lunch account visit our website at [www.vcsdk12.org](http://www.vcsdk12.org) or MyNutriKids.com